

**Long Term Planning**

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|  | **Reception** | **Year 1** | **Year 2** | **Year 3** | **Year 4** | **Year 5** | **Year 6** |
| **Autumn 1** | Me & Myself | Football | Hockey | Football | Hockey | Football | Hockey |
| Handball | Tag-Rugby | Handball | Tag-Rugby | Handball | Tag-Rugby |
| **Autumn 2** | Movement & Development | Gymnastics 1 | Gymnastics 1 | Gymnastics 1 | Gymnastics 1 | Gymnastics 1 | Gymnastics 1 |
| Fitness | Dodgeball | Fitness | Dodgeball | Fitness | Dodgeball |
| **Spring 1** | Throwing & Catching | Dance | Dance | Dance | Dance | Dance | Dance |
| Volleyball | Badminton | Volleyball | Swimming | Volleyball | Badminton |
| **Spring 2** | Ball Skills | Orienteering | Orienteering | Orienteering | Orienteering | Orienteering | Orienteering |
| Gymnastics 2 | Gymnastics 2 | Gymnastics 2 | Gymnastics 2 | Gymnastics 2 | Gymnastics 2 |
| **Summer 1** | Fun & Games | Golf | Tennis | Golf | Tennis | Golf | Tennis |
| Netball | Basketball | Netball | Basketball | Netball | Basketball |
| **Summer 2** | Working with Others | Athletics | Athletics | Athletics | Athletics | Athletics | Athletics |
| Rounders | Cricket | Rounders | Crickets | Rounders | Cricket |

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