## Spring Summer 2021 Menu Week

One

A FORCE FOR FOOD!

| Primary Menu Week 1 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Main Meal | Beef \& Tomato Meatballs with Pasta \& Arrabiata Sauce | Fresh Cheesy Topped ChickenFillet | Roast of the Day with Yorkshire Pudding, Roast Potatoes \& Gravy | Homemade Hunters ChickenFlatbread | Baked Fish/Salmon Fingers \& Chips withTomato Sauce |
| Vegetarian Main Meal | Mexican Quorn Fajitas Served \&Potato Wedges | Vegetable Curry \& Wholegrain Rice | Quorn Roast with Yorkshire Pudding, Roast Potatoes \& Gravy | Wholemeal Cheese \& Tomato Pizza With ½ Jacket Potatoes | Mediterranean Vegetable Lasagne |
| Vegetable Selection | Garden Peas Carrots Potato Wedges Chopped Salad | Sweetcorn Broccoli New Potatoes Chopped Salad | Cauliflower Savoy Cabbage Roast Potatoes Chopped Salad | Carrots <br> Roasted Vegetables ½ Jacket Potatoes Chopped Salad | Baked Beans Garden Peas Chipped Potatoes Chopped Salad |
| Jacket Potato Option | Freshly Baked Jacket Potato with your Choice of Toppings: Tuna \& Mayonnaise, Grated Cheese, Baked Beans |  |  |  |  |
| Dessert | Lemon Drizzle Cake | Chocolate Crispy Cake | Toffee Ice \& Banana Slices | Fruit Sponge \& Custard | Sultana \& Cherry Flapjack |

## Spring Summer 2021 Week Two

Week Two Dates

| Primary Menu Week 2 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Main Mea | Toad in the Hole with Gravy | Chinese Style ChickenChow Mein Noodles | Roast of The Day with Stuffing \& Gravy | Sticky Barbecue Chicken with Wholegrain Rice | Crispy Battered Fish \& Chips with Tartare Sauce |
| Vegetarian Main Mea | Macaroni Cheese Topped with Crispy Croutons | Wholemeal Cheese \& Tomato Pizza with $1 / 2$ Jacket Potato | Veggie Sausages served with Gravy | Tomato \& Basil Pasta with Garlic Bread | Quorn \& Vegetable Taco with Lettuce \&Salsa |
| Vegetable Selection | Green Beans Carrots <br> Mashed Potatoes Chopped Salad | Sweetcorn <br> Roasted Vegetables $1 / 2$ Jacket Potato Chopped Salad | Garden Peas Sliced Carrots Roast Potatoes Chopped Salad | Spring Cabbage Cauliflower Chopped Salad | Mushy Peas Baked Beans Chipped Potatoes Chopped Salad |
| Jacket Potato Option | Freshly Baked Jacket Potato with your Choice of Toppings: Tuna \& Mayonnaise Grated Cheese, Baked Beans |  |  |  |  |
| Dessert | Frozen Strawberry Ice \& Apple Slices | Banana Traybake \& Custard | Fruit \& Jelly | Ginger Biscuit \& Orange Wedges | Chocolate Cookie |

## Available Daily: - Fresh Bread, Fresh Fruit \& Yoghurts

## Spring Summer 2021 Menu Week Three

## Week Three Dates -

A FORCE FOR FOODI

| Primary Menu Week 3 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Main Meal | Beef Burger in a Bun \& Baked New Potatoes | Classic Chicken Curry \& Wholegrain Rice | Roast of the Day with Yorkshire Pudding, Roast Potatoes \& Gravy | Smoky Pulled Chicken Wrap \& Potato Wedges | Baked Fish Fingers \&Chips with Tomato Sauce |
| Vegetarian Main Meal | Veggie Burrito \& BakedNew Potatoes | Wholemeal Cheese \& Tomato Pizza \& Jacket Wedges | Quorn Roast with Yorkshire Pudding, RoastPotatoes \& Gravy | Vegetarian Pasta Carbonara \& Garlic Bread | Veggie Sausage Hotdog, Chips \& Tomato Sauce |
| Vegetable Selection | Sweetcorn Steamed Carrots New Potatoes Chopped Salad | Green Beans Broccoli Jacket Wedges Chopped Salad | Savoy Cabbage Cauliflower Roast Potatoes Chopped Salad | Roasted Carrots Sweetcorn Potato Wedges Chopped Salad | Baked Beans Garden Peas Chipped Potatoes Chopped Salad |
| Jacket Potato Option | Freshly Bake | Jacket Potato with your | oice of Toppings: Tuna \& Ma | ayonnaise, Grated Cheese, Ba | aked Beans |
| Dessert | Apple Sponge \& Custard | Chocolate Brownie | Jelly \& Ice cream | Iced Carrot Cake | Toffee Cream Tart |

Available Daily: Salad Selection, Fresh Bread, Fresh Fruit \& Yoghurts

