FAB (L)

Autumn/Winter 2020 Menu Week One

1	Primary Menu Week One	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	Main Course 1	Traditional Sausage & Mash	Margherita Pizza with potato wedges	Roast chicken dinner & all the trimmings	British Savoury Beef & onion pie with Mash	Battered Fish Fillet and chips with tomato ketchup	
	Vegetables	Cauliflower Mixed vegetables	Broccoli Winter Coleslaw	Savoy cabbage Sweetcorn	Green beans Carrots	Garden peas Baked beans	
Jacket Potato Option Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated						eese, Baked Beans	
	Sandwiches	Fresh Sandwiches made daily with a choice of fillings: Tuna, Cheese, Ham or Egg					
	Dessert	Ginger Sponge with custard	Fruity Flapjack & Apple Slices 50%	Chocolate Sponge & Chocolate Sauce	Jam Sponge & Custard	Oaty Biscuit & Fruit Wedges 50%	

Available Daily Salad Selection, Fresh
Bread, Fresh Fruit and Yoghurts





Autumn/Winter 2020 Menu Week Two



3	Primary Menu Week Two	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Main Course 1	Pizza Slice with potato wedges	British mild Chicken curry with brown rice	Roast chicken dinner with all the trimmings	Organic Beef Pasta Bolognese & Garlic bread	Fish Fingers and chips & tomato ketchup
	Vegetables	Garden peas Fresh salad	Carrots Green beans	Cauliflower Mixed vegetables	Broccoli Sweetcorn	Garden peas Baked beans
	Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese Fresh Sandwiches made daily with a choice of fillings: Tuna, Cheese, Ham or Egg				
	Sandwiches					
	Dessert	Hot Chocolate Fudge Cake with Custard	Cornflake Tart & Custard	Shortbread & Fruit 50%	Feathered Jam Sponge & Custard	Marble Muffin





Autumn/Winter 2020 Menu Week Three

	Primary Menu Week Three	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	Main Course 1	Beef burger in a Bun Homemade Wedges	Cheesy Margherita pizza (v)	Roast chicken dinner & all the trimmings	Tomato and vegetable pasta bake	Fish fingers and Chips with Tomato Ketchup	
	Vegetables	Sweetcorn Carrots	Broccoli Fresh Salad	Cauliflower Garden Peas	Mixed Vegetables Savoy Cabbage	Garden Peas Baked Beans	
	Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese, E					
2	Sandwiches or	Fresh Sandwiches made daily with a choice of fillings: Tuna, Cheese, Ham or Egg					
	Dessert	Apple Crumble served with custard 50%	Lemon Slice with Milk	Chocolate Crunch served with Custard	Marble Sponge served with Custard	Crunchy Biscuit served with Apple Slices 50%	

Available Daily

Salad Selection, Fresh Bread, Fresh Fruit and Yoghurts

